

## FAMILY IN ACCEPTATION OF MILITARY MEDICAL STUDENT TARGETING HIS CAREER

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**Abstract: Purpose:** *This paper aims to highlight the family concept on military medical student regarding his future career.*

**Methods and materials:** *As methods of psychological investigation we have used the questionnaire, conversation and talk.*

**Results:** *After processing the data from the questionnaire that comprised 10 items, it appears that most of the subjects want family, at half of them occurring the wish of forming a family with a coworker to avoid the appearance of misunderstanding the work schedule and the sacrifice of a military health care specialist. The students in higher military education MM – Targu Mures constituted the representative sample amounting to 54.*

**Conclusions:** *Starting from the premise that many from the medical students want a family despite the professional sacrifice, the performed study confirms the working hypothesis, demonstrating that the morale principles and will underlie family*

**Keywords:** *family, military specialist, relationship, profession*

### 1. Introduction

“Family is an element as important for national security as military organization.” – Father Teofan, Metropolitan of Moldova and Bucovina

The strength of our nation is our army. The strength of our army is our soldiers. The strength of our soldiers is our families. <sup>[1]</sup> The family is the cornerstone of society and the welfare foundation of each individual.

### 2. Purpose

This paper aims to highlight the family concept on military medical student regarding his future career and the capability of maintaining in balance work and personal responsibilities.

### 3. Objectives

Our study focused on:

- processing information of the questionnaire which highlighted the wish of military medical student of having a family

- describing purposes and opinions of students which follow a higher military institution have about founding a family
- our study highlights the fact that the choices made in present will be also kept in future

### 4. Results

After processing the data from the questionnaire which comprised 10 items, it appears that most of the subjects want a family, at half of them occurring the wish of forming a family with a coworker to avoid the appearance of misunderstanding the work schedule and the sacrifice of a military health care specialist. Student from MM – Targu Mures higher military education, constituted the representative sample amounting to 54.

The questionnaire included 10 items, each question is subject to categorization on 4 levels: (1) yes, (2) no, (3) don't know, (4) I don't care.

Questionnaire

1. Do you wish to have a family?  
 Yes     No     I don't know     I don't care
2. Do you want that your husband/wife be a doctor?  
 Yes. Why? \_\_\_\_\_  
 No     I don't know     I don't care
3. Is important for you that your husband/wife be a military?  
 Yes. Why? \_\_\_\_\_     No.  
 Why? \_\_\_\_\_  
 I don't know     I don't care
4. Do you consider that family can be springboard for your military career?  
 Yes     No     I don't know     I don't care
5. Do you think family can be an obstacle in you military career?  
 Yes. Why? \_\_\_\_\_     No.  
 Why? \_\_\_\_\_  
 I don't know     I don't care
6. Name 3 specializations which you think would influence in a negative way family life.  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
7. Name 3 specializations which would influence positively family life.  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
8. Which specializations would you choose.  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
9. Would family have a say about accomplishing military missions in theaters?  
 Yes     No     I don't know     I don't care
10. Would you give up on military medical career for family?  
 Yes. Why? \_\_\_\_\_     No.  
 Why? \_\_\_\_\_  
 I don't know     I don't care

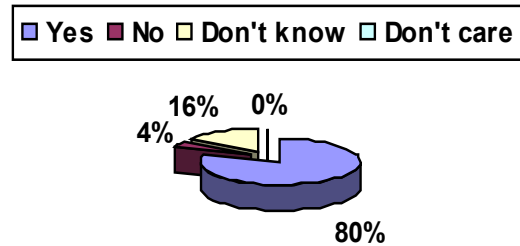
Thank you for your time!

Students were put in the situation of choosing the answer that fits better their opinions regarding the subject to which the items were referring and also to motivate their choice.

1. Do you wish to have a family?

So, 80% of students answered yes, 16% don't know and only 4% don't want a family. These percentages show the fact that the majority want to build a family, while a small part of them considered that is too soon to think about such an important decision.

Fig.1 Question no.1



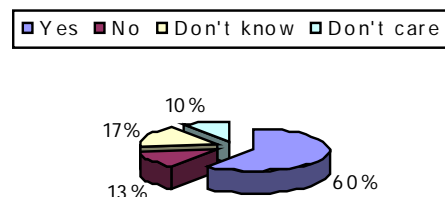
2. Do you want that your husband/wife be a doctor?

At this question it has been found that 60% answered affirmatively, 17% don't know, 13% don't want this thing and 10% don't care.

The reasons for that most of the subjects wish to have a medical spouse are: the existence of understanding from the spouse regarding the busy schedule for professional responsibilities, sharing the same ideas about the work they perform, the mutual help and support in building the family and the career.

Regarding the participants that answered negative, they consider that having a husband/wife that doesn't work in a medical environment offers the freedom of detaching from the issues related to the work at the moment of coming back home. [4]

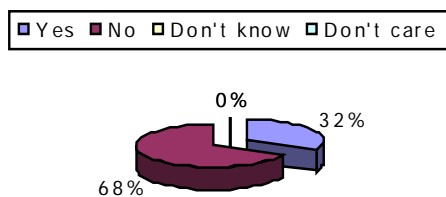
Fig. 2 Question no.2



3. Is important for you that your husband/wife be a military?

68% of the students interviewed gave a negative answer, considering that military environment is restrictive and rigorous enough to create conflicts and tensions in family based on military stress. Yet there were subjects that answered yes which means that the existence of two military members of the family represents the base of career rising for both spouses. [2]

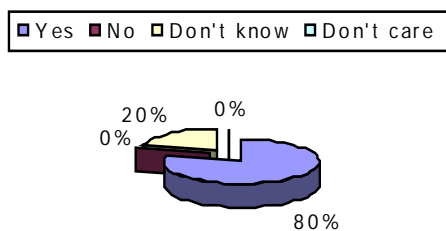
**Fig. 3 Question no. 3**



4. Do you consider that family can be springboard for your military career?

We obtained the nest percentage: 80% yes, 20% don't know. These results sustain the idea of mutual help, the understanding and the trust in moments of loss and support in moments of glory.

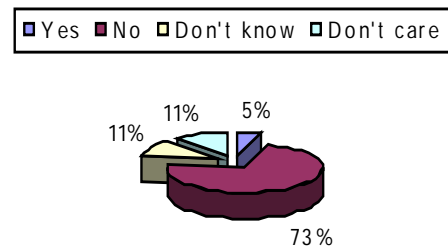
**Fig. 4 Question no. 4**



5. Do you think family can be an obstacle in you military career?

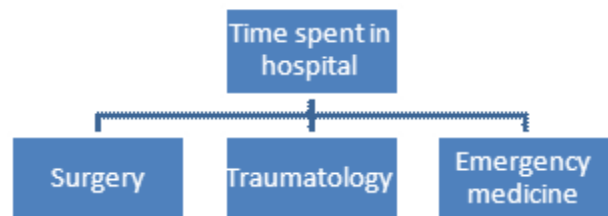
It was found that 73% answered no, 5% yes, 11% don't know and 11% don't care. Most students believe that family represents the place where they can find their selves spiritually, this special helping on the process of exceeding daily obstacles.

**Fig. 5 Question no. 5**



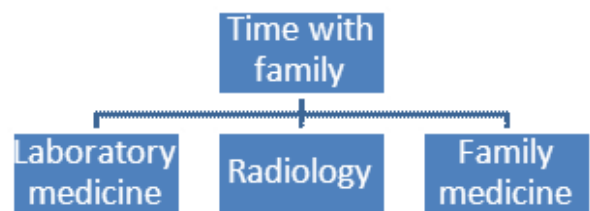
6. Name 3 specializations which you think would influence in a negative way family life.

At this item surgery, trauma, emergency medicine and intensive care were nominated as specializations with negative impact on couple relationship. This problem is due to not only the busy schedule allocated for caring invalids, but also to the individual professional training which have to held throughout his career. Also, to these aspects contributes the stress that legal responsibility impose. [4]



7. Name 3 specializations which would influence positively family life.

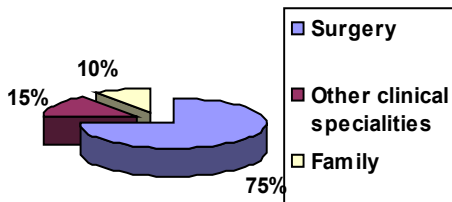
Laboratory medicine, radiology and family medicine are branches of medicine that allow the military health care specialist to spend more time with his family.



8. What specializations would you choose.

The wishes that students expressed revealed the fact that most of them want to follow a surgical specialization, even if this implies a longer time allocated to professional responsibilities in detriment of time spent with family.

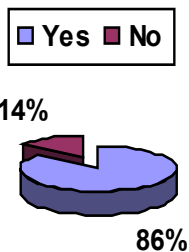
Question no. 9



9. Would family have a say about accomplishing military missions in theaters?

In this case we have obtained the following numerical values: 86% said yes, while 14% no. The opinions of the subjects led to a common point: family is an entity which has its important role in the community which means that decisions are made with one consent. [3]

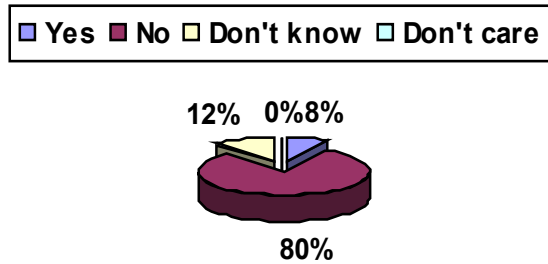
Fig. 6 Question no. 9



10. Would you give up on military medical career for family?

The last item from the questionnaire aims to highlight the importance of family. So, 80% of participants wouldn't give up family life in favor of professional achievement. They consider that once made the decision of founding a family you make efforts to feel accomplished personal and professional.

Fig. 7 Question no. 10



## 5. Conclusions

This study has shown that:

- confirmed the fact that military medical students want on future a family even if this thing assumes professional sacrifice
- students that really want family are basing on grounded family morals
- the sacred institution of family must be cultivated, maintained and strengthened

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